



Sunshine Soup Kitchen News

Providing a free meal to anyone in need.

July, August, September, and October 2011



Let's face it.

These are rough economic times. My family has fared well in these past years and months because of a lifetime

of living within our means and working for employers that value our contribution to the businesses that we serve.

This is not the case with many hard-working friends and neighbors. We have all seen people lose jobs, realize diminished investments, and worse of all, lose homes. Anything we hear in the news about economic recovery seems to apply to others, or somewhere else in the country. People in the Soup Kitchen seem to feel this the most. This is why we keep doing what we do: serving free meals five days per week. Having a place to gather over a meal goes a long way to give the encouragement people need to keep going and keep trying.

2010 was a tough year financially, for the Sunshine Soup Kitchen. The year ended with a deficit of \$9,000. At this time, giving has been steady and higher to date than last year, but the Board holds concern that enough donations come in to keep the program viable.

Historically the Soup Kitchen Board has not pursued aggressive ways of fund-raising. For one thing, they are expensive. For another they take more resources than this small Board of volunteers has readily at hand.

The Board does recognize it's fiscal responsibility to the organization and those who support us. At our June meeting, some decisions were made to be more proactive in avoiding another deficit financial year. Three fund-raising efforts are planned for the near future, one of which will be an on-going effort that will produce a steady stream of income. Please read through this newsletter to see what is planned and how you can help.

Even though the Soup Kitchen receives no funding from the State of New Hampshire, the fact that budget cuts will be made deep into the human service sector for the next year or years, could easily bring more people to the point of needing food. We want to be ready for this possibility.

~Cynthia Dwyer

*You may say to yourself, "My power and the strength of my hands have produced this wealth for me."
But remember the LORD your God, for it is he who gives you the ability to produce wealth, and so confirms his covenant, which he swore to your forefathers, as it is today.*

Deuteronomy 8:17,18 (NIV)

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The Main Ingredient

A message for student volunteers

This newsletter covers the entire summer into the early fall, so the 2011/12 school year will commence before the next edition. This information is important for students who want to volunteer at the Soup Kitchen as part of a group when they return to school, and club activities resume.

Serving at the Sonshine Soup Kitchen is a great way to give back to the community, and I love to give students the opportunity to serve. It is important for each student to initiate and schedule their own volunteer commitments. This is what they need to do.

First, if they are part of a group, such as Student Council, the group needs to designate a leader. This person will call the Soup Kitchen office to set the volunteer date and find out from the Soup Kitchen staff the number of volunteers needed for the day. Then, **each individual of the group will need to call the office personally to be added to the schedule on their designated date.** After being signed up, each individual will be sent, via post mail, a *New Volunteer Packet* which consists of a mini-handbook, letter of introduction and slip designating the volunteer date/s. This information will need to be read before coming to serve.

— Christine

Caroline Schulze joins the staff



When Cynthia asked me to write about myself for the newsletter (who I am and why I took the job as Kitchen Coordinator), I jokingly said, "You know I'm in it for the money!" Well, there is a little truth to that. I am a farmer's wife and work seasonally at my in-laws' orchard.

I also raise chickens for eggs, make jam, and bake pies. I enjoy doing all of these things, but don't seem to earn enough at any of them. My two sons are in college now, all three of my guys like to eat, the cost of everything is going up, and so on...

The bigger truth is that this job is an answer to my prayers. I asked God to help me help my family, and He led me to the Sonshine Soup Kitchen! I can feel God's presence in this place every day. He provides the food, leads the workers and guests here, and makes everything come together for a meal that satisfies both body and soul, five days a week!

I'm supposed to be "in charge" of the kitchen, but I'm glad it's really God running the place! He does it so much better than I ever could.

Humbly, Caroline Schulze

REMEMBER WHEN AT THE SONSHINE SOUP KITCHEN



Jackie's new perspective

From the time I started at the Sonshine Soup Kitchen, I have been all about the kitchen. My job was to run the day-to-day operations such as opening up the kitchen and coordinating with groups and volunteers to serve a hot, delicious meal Monday through Friday. My day consisted of checking temperatures, setting up the dishwasher, and leaving the church ready for the next day's use.

What I never got to really be a part of was what happens behind the scenes—the phone calls, writing thank you letters for our gracious donors and taking in new volunteers—which is what I have the pleasure of taking part in now.

Caroline does a superb job in the kitchen. She's extremely friendly and fell into the routine of the Kitchen Coordinator job quickly, like she had done it all along. She's

a wonderful co-worker and a thoughtful person. She does the job of Kitchen Coordinator justice, and I'm proud to step aside and let her take charge.

I have honestly enjoyed these past couple of months in the office. It's wonderful getting to know our donors, drivers, office volunteers and staff by getting to work more closely with them. Cynthia and Christine have taught me a lot. Their constructive critiquing has helped me learn to acknowledge my mistakes and has made me a better writer.

I've learned a lot in the office and as the Office Assistant, I feel I have furthered myself professionally and personally, learning how to work efficiently in an office environment.

At times I miss the kitchen and all the groups and patrons, but I always have the opportunity to go over and visit them and grab my much needed daily cup of coffee.

— Jackie

Current needs

At this time the following list of items (in order of greatest need) are in short supply. This list is also posted on our web site and updated monthly.

Go to www.soupinderry.org. to check it out in between newsletter publishing. Thanks!

- Paper dinner napkins
- Disposable dinner knives
- Disposable teaspoons
- Disposable hot cups
- Three-compartment, hinged boxes for take-out meals
- Canned fruit juices
- Sugar-free drink mixes
- Automatic dishwasher detergent
- Dishwashing liquid
- Gallon size zip lock bags
- Pickles
- Stuffing
- Liquid hand soap
- sponges



Clothing closet

Lack of space dictates that as seasons change, the clothing closet must be purged. We find thrift shops to take items that we cannot store. This finds us with a **lack of clothing** at the beginning of each season. Right now we are in need of clothing for the **summer season**.

Remember, appropriate clothing needs to be



- Clean
- Casual
- In good repair
- In ready to wear condition

Items for all genders and sizes are needed. Thank you.

Have a seat! (if you can find one)

WE NEED MORE NEW CHAIRS. Increased use of the Soup Kitchen ministry had taken it's toll on the chairs graciously loaned to us by the First Baptist Church. One new folding chair costs \$10-30, depending on the quality of the chair. If you care to help replace worn out chairs or purchase more chairs, send your donation marked

Other ways to help

Many of you readers give money or gifts in kind to support the Sunshine Soup Kitchen ministry. Here are two more ways to help generate income that have the appeal of helping in more than one way. We will receive cash donations from two businesses; they will get a boost to their business efforts; and you will enjoy an affordable meal out and/or banking opportunity that we think will be good for you. Win-win-win!

Go Chili's!

So who doesn't like eating out now and then?

All day, 10:45 a.m. to 11 p.m. on **July 18, at Chili's in Salem** is *Sunshine Soup Kitchen Day*. We will receive 10% on all restaurant sales when diners come in with the enclosed coupon. Don't worry, if you forget your coupon, just mention to your server that you are there to support the Soup Kitchen and your tab will be counted in.

Invite your family, your friends, your neighbors. Let's make it a party! Remember this is for the whole day. Chili's is open on Monday, July 18. Call-ahead seating is available by calling the restaurant at 890-1777.

TD Bank!

It's called the Affinity Program and we LIKE it! This is the ultimate in win-win-win. If you open an account with TD Bank or have an existing account, just ask to have your account linked to benefit the Sunshine Soup Kitchen. TD Bank will donate to us, on an annual basis, a percentage of your average balances on interest-bearing and non-interest bearing accounts. This costs you nothing. It costs the Soup Kitchen nothing. It is TD Bank's way of giving back to the community. All account information is strictly private. We will never know who holds the accounts that benefit us, we will just receive a yearly payment from TD Bank.

We need 50 households or businesses to start the process. More information will be coming in the November newsletter. But don't wait until then. If you

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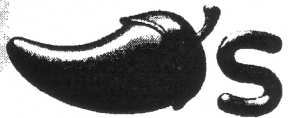
already bank with TD, all it takes is a call or visit to the branch. Ask a Bank representative to link your account with the Sonshine Soup Kitchen's Affinity Program. Call TD Bank (432-0382) or the Soup Kitchen office if you have any questions.

**We appreciate the efforts of the National Association of Letter Carriers and the community for the food drive in May. All donations went to support Derry food pantries and soup kitchens.
THANK YOU!**

**CHILI'S® INVITES YOU TO
Sonshine Soup Kitchen NIGHT!**

With each flyer presented on Sonshine Soup Kitchen Night, Chili's in Salem will donate 10% of the sales you bring in to your organization. Let us do the cooking and support Sonshine Soup Kitchen of Derry.

Sonshine Soup Kitchen Night is: July 18th
Monday July 18, 2011 from 10:45am to 11pm



Give Back Night flyer required with each check to receive credit for the sale. Sale cannot be included in donation amount without flyer. Offer only valid on the date and location stated above. Donations will not be given on sales made prior to or past this date.



SEPTEMBER 17, 2011

10AM - 5PM AT MACGREGOR PARK

The Sonshine Soup Kitchen will be a presence at this year's event. This fun-filled community festival starts at 10 a.m. and ends at 5 p.m.

Besides offering information about the Soup Kitchen ministry, we will be **raffling restaurant gift cards.**

Please come!

Data Updates

We diligently seek to maintain a current data base of supporters. If at any time you do not wish to receive newsletters, please call or e-mail the office, and we will remove you from the list. Up-to-date information is important to us, so if you change your address, phone number or e-mail address, please let us know. Call 437-2833 or e-mail coordinator@sonshinesoupkitchen.org.

New on the Board

The term of office on the executive board at the Sonshine Soup Kitchen is three years. **Leona Lampro** served on this board for two plus terms. Leona served as a representative of the Derry Adventist Church and brought a wealth of community experience to the Soup Kitchen Board. She stepped down from service in February of this year. Her years of service were commemorated with an engraved ladle.

Leona's seat on the Board was filled by **Margaret Ives** at our March Annual Meeting. Margie also brings a great deal of community and professional knowledge that will serve the Soup Kitchen well.

Numbers to Note

2011 YTD (May 31)
Guests served 4,064
Meals served 6,310
Average of meals per day 60
Average people per day 38
Volunteer hours logged 3,476

2010 YTD (May 31)
Guests served 5,085
Meals served 5,902
Average of meals per day 56
Average people per day 40
Volunteer hours logged 3,115

Prayer Concerns

Please join us as we pray for:

- Bible Study on Tuesdays
- J, moving to new home
- C, pain issues

*Let the morning bring me word of your unfailing love,
 for I have put my trust in you.
 Show me the way I should go, for to you I lift up my soul.
 Psalms 143:8 (NIV)*

Sonshine Soup Kitchen

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Email: director@sonshinesoupkitchen.org
 coordinator@sonshinesoupkitchen.org
 Internet: www.sonshinesoupkitchen.org

Office Hours: Monday-Friday, 1-6 p.m.
 Meal served at 4:30 p.m., Monday ~ Friday



SSK Board of Directors

Linda German, Chairperson
 Jane DeRosa, Vice Chairperson
 Richard Cardner, Secretary
 Cynthia Dwyer, Executive Director and Treasurer
 Atty. Edmund Boutin
 Cynthia Cleary
 Roland Conner
 Michael J. Gagnon
 Margaret Ives

The Sonshine Soup Kitchen mission is to be an interfaith community project to reach out to individuals and families struggling to live independently. We do this primarily by serving a free meal in a spiritually uplifting atmosphere to any person who enters our facilities and by seeking to exhibit the love and grace of Jesus Christ in our service.